

# Sacramento Triathlon Club August Newsletter



In this issue:  
Annual BBQ Recap  
Communication Changes  
Granite Bay Triathlon  
Road ID Discount

## Communication Changes

If you've visited our new discussion boards, you already know that communication with Sacramento Triathlon Club is changing. The Board wants to keep you apprised of upcoming changes and what you can expect. It's our goal to keep everyone connected and involved.

Please be aware **the Yahoo! Group will be discontinued effective September 30, 2011**. We know this will be hard on a few members and want to explain why this decision was made. The vast majority of members do not use the Yahoo! Group for a variety of reasons, the major problems being too many emails to deal with and technical difficulty with the group. The Yahoo! Group also presents some problems from the moderators' standpoint, especially dealing with messages that get caught in the spam filter and verifying eligibility to be in the group every year during the renewal period.

The Discussion Boards have been placed in the [secure area of the club site](#) to facilitate group communication. Members have the option of only looking at the conversations they are interested in, instead of sorting through emails on a variety of topics. We have been listening

## Sac Tri Club's Annual BBQ

Weather conditions were perfect on Sunday, August 7 for TBF's Tri-for-Real Series Finale at Rancho Seco Park. STC had many members racing, with several PR's and Podium Finishers. As part of the awards ceremony, TBF announced the Series Champions, including STC's very own Webmaster Ron Salvatori and son Jensen. Congrats to father and son!

Many of our members, family and friends turned out for our Potluck BBQ. We enjoyed tasty treats, one of the perks of being a triathlete! Thanks to Mike Gates who worked hard on the BBQ grilling up delicious burgers and hotdogs and to Rebecca Reichardt and Tazzina Bistro for the amazing Chocolate Guinness Cake, a new club favorite.

We celebrated a great season and shared stories over delicious food and drink. Several of us hung out well into the afternoon and showed STC Sponsor Subaru some love with a fun group photo in front of our Subaru's.

We also got to watch STC member Chris Houde tough it out to an amazing finish after a grueling day, placing first in the Wheelchair Division. If you've ever been on the hot, gravel laden Olympic-distance run course, you can appreciate what a feat this is. Kudos to Chris for tackling such a tough challenge. That post race burger never tasted so good!

There are tons of great photos from the event on our Facebook page. Thanks to all who came out to make the day a fun and memorable one! STC parties are the best because of our wonderful members.

## Iron Course Sponsors



## Long Course Sponsors



Richard DeTrano, D.D.S.



(916) 452-2002  
2714 "V" Street  
Sacramento, CA 95818



**FARMERS**

Risberg Insurance Agency  
916-622-3321  
CA License #0H17047

## Olympic Course Sponsors

to your feedback on the boards and the web team continues to fine tune features.

To help those who need to access information through their phones or mobile devices, we now have a mobile site: <http://mobile.sactriclub.com/>

The STC Board will continue to communicate information about club events and activities through this monthly newsletter. The newsletter is sent to members and non-members who are subscribed.

We also send occasional emails regarding special events to members only and these often include an invitation. You are always able to unsubscribe from mass email mailings such as this newsletter or the recent BBQ invite sent via Mail Chimp. If you chose not to receive these emails, please be sure to use the members section of the website to stay informed of club events and activities.

We also have a public Facebook page and a Twitter feed where basic information, photos and interesting news are shared. These pages are public, this means any information you share can be viewed anywhere on the internet. Please be aware that spammers do sometimes post links or sales pitches on our Facebook page, Admins delete these posts as we see them.



## Granite Bay Triathlon

Calling all members! We need you to participate in the Granite Bay Triathlon, September 25, 2011. It's time for STC to represent on our home turf and show the other tri clubs what we're made of in the Club Competition. STC members of all ability levels are encourage to come race and enjoy a club after party at Granite Bay.

In case you need a little extra encouragement to participate, our early renewal discount for 2012 will be available at the Granite Bay Triathlon. Renew your membership that day and save \$5 off the annual membership fee.

Don't forget to join the Granite Bay training workouts which are posted on the STC website. Tazzina Bistro has offered generous rewards for podium finishes. Go STC!

## Road ID Discount

Many of you know that STC member Kendra Neilsen was recently rear ended by a truck during her bike commute home from work. Everyone is glad that Kendra is on the mend from her injuries, but she learned the hard way the importance of wearing a Road ID when she didn't have one on during the accident. UCD Medical Center had trouble tracking down an emergency contact because her cell phone was broken in the accident, and like many of us, she didn't have contact numbers memorized.

After her crash, Kendra contacted Road ID, and they agreed to give STC members a 20% discount now through August 23, 2011. For information on how to take advantage



MULTISPORT



Sprint Course Sponsors



OFFICIAL CLUB

of this great deal, visit the STC Discussion Boards. Thanks Kendra for setting up this discount.

---

Sacramento Triathlon Club  
P.O. Box 160446  
Sacramento, CA 95816-0446  
[sactriclub.com](http://sactriclub.com)

